

# Preface

These sonnets were first published in 2021 in a short run privately printed book dedicated to my daughter on her 21st birthday. They are only truly Elizabethan because her name is Elizabeth and they are poems that in one way or another she has caused to be.

At the end of the book there are some background notes as there are a few references in the poems that will always be more recognisable to Elizabeth and me than could be possible to other readers. In this internet version I have put these notes below each sonnet. Feel free to read them first or second, or not at all, as you see fit.

The sonnets have been performed interspersed with live music under the title 'Letting Go'. To give a taste of this I have given links to YouTube performances of the music and songs that were chosen (the musicians and arrangements are necessarily different and I cannot guarantee that the links will always work, nor remove the adverts).

Apart from the fun of combining poems and music, I have long been convinced by elements of Dana Gioia's influential 1991 essay in *Atlantic Monthly* 'Can Poetry Matter?' and especially these lines:

The established rituals of the poetry world – the readings, small magazines, workshops, and conferences – exhibit a surprising number of self-imposed limitations. Why, for example, does poetry mix so seldom with music, dance, or theater?...When arts administrators plan public readings, they should avoid the standard subculture format of poetry only. Mix poetry with the other arts, especially music.

# For a Child's Christening (at which it was sung)

If all the world's a stage, then be the fool and speak your mind, without offence, to all, whatever parts they play. And in the school of wit find wisdom and the verve to call to strict account whatever seems to bear no sense, or right, or goodness in its heart. Life has its luck. The trick is not to care how much or little Fortune holds your part, but taking all with equal thanks and grace, in looking sideways at the world's affairs, reveal the truths that lie behind the face and light the dark that coats us unawares. So, motley minded and obliquely just, be yet a touchstone in whom all may trust.

#### Music

The score of the SATB setting by Eleanor Graff-Baker can be found at <u>www.chriswhitby.org.uk/</u> <u>alltheworld.pdf</u>. No recording was made when first sung at the christening. Before putting on the internet a subsequent recording played at the Letting Go concert, or indeed any other, I need to seek permissions.

Several echoes of Shakespeare, of course. This was set to a capella music (SATB) by Elizabeth's mother, and sung at Elizabeth's christening on 2 January 2002. The score is based on Elizabeth's initials EAGW – W on its side becoming the final B natural.

Just So

The camel just said... 'Humph!' Elizabeth replies – she does a good 'Humph!' – but as I watch her smile, something snatches at my breath and I am adrift on a Medusa raft of memories, eyeing each other up. I feel the water lap about my thigh as my father sitting by my bath reads 'Humph!' and grins a scowl with all his storyteller's craft.

A younger son, I don't expect to feel the weight of family continuity or have tradition dragging at my heel, and yet... and yet, I'd almost ask for more if he and I could co-exist again and fuse, O Best Beloved, my now and then.

## Music

The Camel's Hump Words: Rudyard Kipling (1865-1936) Music: Edward German (1862-1936) https://www.youtube.com/watch?v=TwJ3kLbhNs0

Key references here are 'How the Camel Got his Hump' in Rudyard Kipling's *Just So* stories for children (O Best Beloved) and the wreck of the French ship The Medusa (Méduse) in 1816 when 151 people crammed onto a raft. The few who survived did so at the deliberate expense of others.

# Party Frock

'Give us a twirl,' I said and so she did (thus marking out some territory – men don't do twirls). Weaving straps and flounce she hid herself behind the conjured image, then with new-spun adult confidence enquired: 'You think?' 'You'll slay them all,' I said, not sure if that was quite the answer she required but sensing needs not prominent before.

Oh take it off! Put on your jeans again. Let me be Mr Grumpkin still. In such small acts I feel you slipping through the cup my hands once made for you and hate it when you bring me face to face with just how much I want-admire-resent your growing up.

#### Music

Dance of the Sugar Plum Fairy from The Nutcracker Suite by Pyotr Ilyich Tchaikovsky (1840-1893) https://www.youtube.com/watch?v=zV1qLYukTH8

Elizabeth was 8 when she came into the kitchen and did as described. The poem was published online in issue 6 of <u>14 by 14</u> (23 October 2008).

# Once Upon a Time

Down past the bottom of the garden where the fairies used to live, I spied again our secret hideaway, that tree root den where we would blithely squirrel in to share the harvest of the day, each peach, pear, plum before they rotted, even as we sought to bury deep the kernel of some thought for fear of harsher winters yet to come. It's overgrown of course, like us. And should there still be some dark matter underground, what purpose might it serve if ever found again, there being no way through the wood? Let be. We shift as we may to the end, not least your long lost, invisible friend.

#### Music

*Si Bheag Si Móhr (Small Fairy Mound, Big Fairy Mound)* by Turlough O'Carolan (1670-1738) It is sometimes regarded as a slow air but we played it up tempo like this:

https://www.youtube.com/watch?v=aMItK2PNAOk

A bit sinister towards the end perhaps but mainly occasioned by wondering where Elizabeth's invisible friend went and what he thinks now. When here, he was a force to be reckoned with.

# Sonatina

To say it was a miracle is too much hype. Yet what are miracles but things we can't explain, experience that brings us up short, scorning what we thought we knew?

I'll say it was a wonder then to be so roused from work next door as to be made to listen to the Dvorak as she played not now a caged exam piece but let free

to soar and slip as if she *were* its joys and sorrows. And I wept for what has been, has not and never will be, all I'd seen and known and lost, what time and love destroy.

But did the music really make me cry or hearing then a part of childhood die?

## Music

Sonatina for Violin and Piano in G major, Op. 100, I. allegro risoluto by Antonín Dvořák (1841-1904) https://www.youtube.com/watch?v=Yesv0yTR5qI

The Dvorak music is opus 100, first movement. Elizabeth was probably 11 and when practising the violin part, she did all of a sudden play it in a way that demanded attention. The poem lay dormant in bits and pieces for some 10 years, but was finally put together. It resonates with one of my favourite lines of Tom Stoppard: 'Maturity is a high price to pay for growing up' (*Where Are They Now?*).

## Crash Site

'Invest,' they said. 'Put something by to make the future brighter. While you may not get back all that you put in, most people take the risk and find it is a worthwhile bet.' And so we did, with money, time and no less love than we thought then we could afford. For fifteen years we watched our nest egg grow and blithely thought the future was assured. But come the day our stock, with others, fell to earth from thirty thousand feet – they call it still 'bad luck' – I lost the words to tell the worth or price of anything at all. A sleepless bankrupt now, most days I try in vain to find the means to just get by.

### Music

In Summer Time on Bredon Words: A. E. Housman (1859-1936) Music: Graham Peel (1877-1937) https://www.youtube.com/watch?v=Ga6q8M17txk

I had occasion once to retouch the background of a school publicity photograph of a smiling sixth form boy and girl. A few years later I learned that the young man was on flight MH17, shot down over Ukraine. One cannot help sometimes but imagine if it were one's own offspring. The extended metaphor is very artificial, but what words can really suffice?

# Dismantling the Past

The blow-up swimming pool is looking for a home and now the climbing frame just lies unbolted, played out on the ground, a poor paint peeling testament to 'how time flies'. In recent years you could not say it's been much more than trellis for some climbing plants though easy memory screens times he's seen his upside down child eyeing him askance before the grin of *look what I can do*. And on occasion, even when 'too old', he's caught her sat on top while in the view perhaps some problem melted, thinned, grew cold. She will not leave. Again he sees her there, reflective still suspended in the air.

### Music

The Song is Ended (but the Melody Lingers on) by Irving Berlin (1888-1989) https://www.youtube.com/watch?v=PB5UNDp9kzU

Elizabeth's gone to drama school. Things change but the memories linger, snapshots in the mind.

# Station

As they walk towards the platform stairs to say goodbye again, he drops a pace behind and marvels at the poise her face and stride announce, as if she wears her cares quite lightly now, her mother's chat returned with ease, all legs and university, so self-assured, the old timidity perhaps just worn away by new things learned. But no, erosion's not made her acquire this upbeat personality he sees. First terms unsettle, bend, break, melt and squeeze new shapes the second hardens in the fire. Inside he weeps. now understands in part how, long ago, he broke his mother's heart.

## Music

The Gas Man Cometh Words: Michael Flanders (1922-1975) Music: Donald Swan(1923-1994) A song that perfectly embodies the cyclical nature of life's events. https://www.youtube.com/watch?v=v1dvAxA9ib0

Written after we took Elizabeth to Rugby station to catch a train to London to start her third term at Italia Conti Academy of Theatre Arts.

# DIY

Despite the arts degrees I've always been quite capable at DIY, with skills acquired from all the times that I have seen my father patching work with hand saws, drills and faith in glue and screw ("It holds things more secure than simply nails"), who'd boil up glue in stinking pots on mother's stove before the dawning of the age of B&Q, which brought to laymen's hands a tool for every purpose under heaven and no less a glue for every need, it seemed, so as a rule I'd answer 'Daddy, can you mend this?' with a yes. But now I do not know quite where to start as she holds out the broken pieces of her heart.

## Music

Niel Gow's Lament for his Second Wife by Niel Gow (1727-1807) Music of love, longing and sorrow. https://www.youtube.com/watch?v=j0IPgvK9ibQ

I have been mender-in-chief for broken objects. For non-British readers (or those in some distant future) B&Q is a large hardware and tool store chain. Miss Gossage

Oh what a silly billy! How could he pretend that he had had so many wives, all popped it but the last, as if their lives meant nothing to him? Silly sausage me to fall for that at first. I don't know why he'd pull my leggers so, but Mumsy said that choosers can't be beggars and I've read that men can just spout piffle when they're shy.

I'm sure he's not a ladies' man at all and only wants a girl to call his own. So sad to see him reading all alone, no woman's touch, a bat without a ball. Imagine – biscuits! – if he never knew what spiffing things athletic girls can do.

#### Music

None. This and the next sonnet were treated as a pair.

Written on commission from Elizabeth as she played Miss Gossage in John Dighton's farce *The Happiest Days of Your Life* in her second year. Cricket-mad gym mistress Miss Gossage ("you can call me sausage") has fallen for the confirmed bachelor schoolmaster Mr Billings who, in order to discourage her, has 'explained' that a photo of his 5 aunts that she has found is in fact a photo of his 4 previous wives (deceased) and his current one whom he also expects to meet her end soon and leave him her money!

## Mr Billings

My God, the woman's absolutely mad stark staring bonkers, like some fury sent to haunt our gentle settled ways, hell bent avenging sins we never knew we had. What's more, a frightful cricket fiend. That's quite unnatural – it's not a woman's game – and brings me restless nights, each dream the same: Miss Gossage padded up! A ghastly sight. I don't know why my idle brain makes such a fuss of her. She's only passing through, please God! A billy bally banshee who can b–beetle off without me in her clutch. She'll lick my envelopes indeed! What kind of woman would do that in her right mind?

#### Music

Heute Nacht oder nie by Mischa Spoliansky (1898-1985), who wrote the score for the film version of the play. Miss Gossage would be for 'heute nacht' (tonight), while Mr B would definitely be for the alternative 'nie' (never). https://www.youtube.com/watch?v=ghfGn1Kj0Qw

His view. At one point letters home by pupils at the boys' school are left open so they can be censored. Miss Gossage offers to lick the envelopes that Mr Billings must seal: "My tongue's hanging out!"

## Sonnet in a Bottle

It's been on my to do list for so long I know now it won't happen – to my shame because I'm not without the skills. I blame the wardenship, the Antichrist, the wrong trousers and other like excuse to save procrastination's face, lest it suggest not loving you enough to do my best to keep a promise I too lightly gave. Thus *ship'n'bottle* glides from lists to lists, a Flying Dutchman doomed to reappear and haunt my paper seas, so though I clear the decks, a ghostly sense of guilt persists. Then let this sonnet exorcise my notes and be the most preposterous of boats.

#### Music

*Outward Bound* by Tom Paxton (1937–) https://www.youtube.com/watch?v=IANs\_tBsTuE

Based perhaps on my father's models and my own non-kit wooden model of a 74 gun ship of the line, Elizabeth asked a few years ago if I would make her a ship in a bottle and I said yes. Mea culpa, it remains undone. Shame on me. My father would have kept such a promise. All I have been able to offer is this sonnet, written on paper carefully inserted into a bottle I might have used. 'The wardenship' is the work of being a churchwarden and (for the avoidance of doubt...) the Antichrist was a moniker of the cat Merlin. His gaze was implacable and merciless.

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